

## Information and Education Program

#### **Program Overview**

The Information and Education program (I&E), administered by the Office of Family Planning, Teen Pregnancy Prevention Program (TPP), provides adolescents with comprehensive pregnancy and sexually transmitted infection (STI) prevention information and education and linkages to clinical health care. This 30 year-old, innovative program is community-based and program services are offered in diverse settings such as mainstream and alternative schools, social service agencies, juvenile detention facilities and youth centers. Teens help review, plan, and in some programs, act as peer counselors to deliver information and help support the development of future-oriented youth. Adult programs help support parents and other adults who have responsibility for caring for or serving youth.

I&E strategies focus on programs that will:

- Increase youth's knowledge and ability to deal responsibly with their own sexuality and the social pressures affecting them.
- Enhance the ability of parents and other parenting adults to fulfill their roles as the primary sex educators of their children.

#### Goals

Decrease teenage pregnancies through education programs that equip teens at high risk for pregnancy with the knowledge, understanding, and behavioral skills necessary to make responsible decisions regarding at-risk behavior.

### **Participants Served**

- Youth in a variety of settings including schools, juvenile justice facilities, community-based settings, social services and youth agencies, and foster care programs.
- Parents of high risk youths and other adults responsible for serving youths at risk.

#### **Funding**

State General funds and matching Title XIX Federal Financial Participation Funds from the Centers for Medicare and Medicaid Services.

#### **History**

I&E was appropriated in the 1973 Budget Act and in 2003 was enacted (California Welfare and Institutions Code Section 14504.3). The legislation's intent was to equip teens at high risk for pregnancy with the knowledge, understanding, and behavioral skills necessary to make responsible decisions regarding at-risk behavior and to support the parents and other adults involved in teens' lives.

# Information and Education Program (cont.)

#### **Accomplishments**

In FY 2006-2007:

- I&E programs served approximately 56,483 youth and families through direct, face-to-face interventions.
- Increased participant's knowledge of the risk of pregnancy at first intercourse from 75 percent to 86 percent.
- Increased teens' knowledge of where one can obtain birth control from 83 percent to 90 percent.
- Established regional collaboratives to support local TPP program efforts.

Where to Find an I&E Program

On the web: http://www.cdph.ca.gov/programs/tpp/Pages/default.aspx

under "Program Information"

On the phone: Teen Pregnancy Prevention Program,

Office of Family Planning, (916) 650-0414

Where to Find a FamilyPACT Provider

On the web: <a href="http://www.cdph.ca.gov/programs/tpp/Pages/default.aspx">http://www.cdph.ca.gov/programs/tpp/Pages/default.aspx</a>

under "Program Information"

On the phone: (800) 942-1054